



new class for Spring

Playful Spirit! ~ the lighter side of the spiritual path

Has your spiritual path gotten a bit serious?
How would you like to lighten it up a little?
Join us for this fun and en-LIGHT-ening
class to boost our positivity, open channels
of possibility, and share the JOY that is at
the center of who we are!

- * boost your well-being
- * share your heart
- * open channels of creative expression
- * create an on-going practice to renew your playful spirit!

this new class is designed and facilitated by
Janet Carol Ryan, RScP



As a licensed Practitioner of Religious Science, Janet has taught many classes for spiritual development over the past 17 years. She has an active spiritual counseling and vision facilitation practice, as well as being a licensed HeartMath® Coach. Her classes are lively, interactive, heart-centered and empowering. www.janetcarolryan.com



What: 3 Week Class
When: May 9, 16, 23
Time: Tuesday evenings 6:30 - 9 pm
Where: Golden Gate Center for Spiritual Living
Learning Center
199 Greenfield Avenue
San Rafael, CA 94901

Investment \$ 120.00
register no later than April 23rd with a non-refundable deposit of \$50 to receive **'early bird' bonus pricing of \$95 for the class!**

GGCSL Learning Center, 199 Greenfield Avenue, San Rafael, CA 94901
415-721-2492 ~ www.ggcsl.org